

Simple Still Life with Sandra Iafrate

Thursday, March 4

10:00 am - 12:30 pm

Workshop via Zoom

MATERIALS LIST

Subjects (Fruit Study)

I have used a lemon, lime and bowl, backed by a simple wall or draped cloth and my photo of this still life also provided for you. I will paint my reference in the demonstration. If you choose to create your own still life, you can gather a few items from your fridge and light them by a window, or lamp to create nice light and shadow. I can check on your still life set up at the beginning of class.

Paints

Please do not feel you must run out and buy everything. Use the paints you have available, however you would need the primary colours plus white.

Here is a list of the main paint colours: **Hansa or Cadmium yellow, Pyrol or Cadmium Red, Ultramarine Blue, Titanium White**. Hues of these colours or similar colours are acceptable. Additional optional colours: burnt sienna, yellow ochre, burnt umber, phthalo blue or cerulean blue, Gesso (white primer for your canvas)

Palette

Disposable palette paper or plastic or styrofoam plate.

Brushes

Again, whatever brushes you have available. Ideal size and shape: a 1/2 inch - 1 inch flat and filbert and a #1 round brush for detail and signing. Large inexpensive 3" or 4" brush for priming (optional) Palette knife (optional)

Substrate

Small canvas, canvas board or good card stock paper for acrylic painting. (8x10, 8x5x11, 8x8 or 9x12 is a good size.)

Other items

Rag or paper towel, newspaper, water and container, coloured pencil in natural colour such as sanguin or ochre, palette knife (optional), Gesso and inexpensive hake brush for applying Gesso.

Preparation prior to class:

Prime your substrate with an extra coat of Gesso:

Optionally, you can prepare your canvas or board with an extra coat of Gesso primer. This helps create a nice toothy surface and allows the colours to show brighter.

If you are not sure how to apply gesso, it is a quick application with an inexpensive wide brush. You may do 2 thin coats, one in horizontally, and one vertically, with at least one hour drying time in between.

*The dollar store is your friend! Dollar stores are open and have a lot of this material. Although not professional quality, it will suit for a nice small study. Canvases and boards are available, hake brushes or brushes to prime your canvas, finger-painting paper works well as palette paper!

Having said that, I prefer professional quality paints and a couple of springy brushes - but we do have options!